



## Junior Cycle RSE (Relationship and Sexuality Programme)

Dear Parent / Guardian,

Next term we will be delivering our RSE (Relationship and Sexuality Programme) to all 2<sup>nd</sup> and 3<sup>rd</sup> year students. Our SPHE (Social Personal & Health Education) teachers will be using a program called the 'Active Consent for School Communities Program'. This program shares knowledge and skills that enable young people to practice active agency with regards their sexual health: <https://www.consenthub.ie/>

The Program is delivered by an interdisciplinary team from University College Galway comprising:

- **Dr Pádraig Mac Neela**, Senior Lecturer at the School of Psychology
- **Dr Charlotte Mc Ivor**, Senior Lecturer, Discipline of Drama & Theatre Studies
- **Dr Siobhán O'Higgins**, Research Fellow at the School of Psychology

We fully recognise that parents/guardians play a central and critical role in the sexual education of their children, teaching them about responsible behaviour around intimacy and consent. Speaking openly and honestly with your children can help them develop healthy relationships with others as they grow up.

You can avail yourself of a parents' seminar associated with the Active Consent Schools Workshop. Part of being able to speak with our sons/daughters is educating ourselves about young people's experiences today and basic definitions of consent, sexual agency and harassment.

Use this link to sign up for the 1-hour online session on Wednesday April 19<sup>th</sup> at 7pm.

<https://www.eventbrite.ie/e/active-consent-parents-guardian-carer-seminar-tickets-594594226337>

Your son / daughter may wish to talk about these topics at home and you are best placed to address any concerns they may have.

If you have any queries, please do not hesitate to contact the relevant Year Head:

Second Year - Ms. T. Tighe : [thersatighe@scoildara.ie](mailto:thersatighe@scoildara.ie)

Third Year – Ms. P. Keane : [patriciakeane@scoildara.ie](mailto:patriciakeane@scoildara.ie)

Sincere regards,

*Theresa Payne*

*Guidance Counsellor*

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*Scoil Dara*